TIPS FOR YOUNG PEOPLE

HANNOVER LIVING

www.VISIT-HANNOVER.com/en/hannoverliving
“High up at the top of the New Town Hall I get a moment of peace and without doubt the most amazing view over the city. There I realise how green Hannover really is.”

**Hannover just for you**

Hannover is (almost) just round the corner. So what are you waiting for? With a population of more than half a million, the metropolis in the heart of northern Germany has something for everyone.

Favourite meeting points in the city are the Kröpcke clock or what is jocularly referred to as “Under the horse’s tail” – i.e. the equestrian statue outside the central railway station. This is also where you will find the city’s main shopping streets, beginning with Ernst August Galerie, an attractive shopping mall with 130 stores and eateries.

Popular districts such as Linden, List or Nordstadt and Südstadt are home to trendy pubs, cafés and stylish boutiques where you can while away an hour or two.

Hannover also has its own claim to fame when it comes to partying, nightlife & clubbing. A host of festivals attract huge crowds year after year: Lake Maschsee Festival, the Marksmen’s Fair and various open-air events – this is where the party starts! Hannover is famous for its art galleries, museums and theatres. From cutting-edge exhibitions to high drama, a trip to Hannover is always worthwhile.

**Bus station**

Located right in the city centre, the central bus station is where numerous long-distance coach lines arrive in Hannover. Excellent links to the local public transport network make this the ideal starting point for all visitors to Hannover. What’s more, there is also a selection of shops and catering outlets at the central railway station right next door.

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Our tip: for a detailed map of the different districts, go to www.hannover.de/en/young
A relaxing shopping experience

If you want to go shopping in Hannover, you can start as soon as you come out of the central station onto Ernst August Platz. On the right is the Ernst August Galerie; down the steps, one floor below ground level, is the Niki de Saint Phalle Promenade with Bahnhofstrasse above it – all inviting places for the shopper and gourmet, or for those who just wish to stroll around. And if you go straight ahead, you will come to Kröpcke, the city’s most popular meeting place.

The main shopping streets meet here and Georgstrasse leads all the way to Steintor. In the Old Town you will find delightful boutiques, cafés and cosy pubs.

**Pizza Manufaktur**
Seilwinderstraße 2 | www.facebook.com/ FrancescaFratelliHannover/

A good choice for foodies – as well as delicious pizzas, this eatery also serves home-made pasta and freshly prepared crunchy salads.

**Waffel Dream**
Lange Laube 19
www.facebook.com/waffeldream

You can find all sorts of cakes and pastries in Hannover’s first ever waffle shop. Customers can even be creative and put together their own toppings. The interior is as cosy as your living room, with sun-soaked seating outside!

**Market Hall**
Karmarschstraße 49
www.markthalle-in-hannover.de

The Market Hall, known as the “Belly of Hannover”, is popular for its vast diversity of fresh food and exclusive international delicacies.

**Heim-W**
Theaterstraße 6 | www.heim-w.de

Can’t decide whether to head to a café, bar or lounge? Heimweh is a combination of all three, which solves the problem nicely, welcoming guests with delicious coffee, cool drinks and music to chill to.

**The seven Sundays**
Osterstraße 34
www.thesevensundays.de

Here breakfast is served round the clock: hearty eggs benedict, stacks of American-style pancakes with various toppings and vegan overnight oats – perfect after (or before) a night out.

**Sausalitos**
Osterstr. 38 | www.sausalitos.de

Just a few minutes from the central station you can find a bit of San Francisco in the middle of Hannover: at Sausalitos you can indulge in Californian-Mexican delights and cocktail creations.

**Kenibo Ramen Bar**
Kramerstraße 10, 30159 Hannover
www.kenibo-ramen.de

Located in the Old Town, Kenibo offers an enticing and varied range of traditional Japanese soup creations. Don’t leave without trying one of their homemade iced teas or lemonades!
**Schöne Aussichten 360° Beachclub Hannover**  
Röselstraße 7 // open daily from early April to early October, depending on weather  
The ultimate good mood venue: throughout the summer season, the 360° Beachclub dishes up a mix of refreshing cocktails, good music and delicious snacks, producing high spirits up above the roofs of Hannover.

**H’ugo’s**  
Ernst-August-Platz 10  
www.hugos-hannover.de  
Looking for good food and drink in cool surroundings? If so, Hugo’s is the place to go. A beautiful atrium complete with fountain underneath a glass roof.

**Craft Bier Bar**  
Ballhof 5 | www.gig-linden.de  
With individually brewed beers from around 15 different countries, the Craft Bier Bar pulls the perfect pint for all beer aficionados. There are 24 varieties on tap and another 100 kinds of bottled beer.

**NeonGolf**  
Heiligerstraße 15-16, 30159 Hannover  
www.neongolf.de  
Hannover’s glow-in-the-dark mini golf course recreates the game in a new light, with 3D glasses and a smartphone helping to create a thrilling adventure.

**New Town Hall**  
Trammplatz 2  
The New Town Hall was built in typical early 20th century style. The dome is an impressive 97.73 metres up to the gold-plated tip. A parabolic elevator takes you up to an observation platform.

**Old Town**  
Explore the Old Town with its picturesque half-timbered houses, Market Church, Ballhof theatres, Nana sculptures and flea market. Every Saturday, treasure seekers and bargain hunters head for Germany’s oldest flea market at Hohes Ufer.

**Krökelbar**  
Georgstraße 50B | www.kroekelbar.de  
Whether you’re looking for a casual kick-around or some serious competition, you’ll always find a player on your level. Here sport-lovers come together to chat, practise or just have a bit of fun.

**The Escape Room**  
Röselstraße 1a  
www.the-escape-room.de  
In this real version of the popular computer game “Escape the Room”, the goal is to ward off a crime, a pandemic or a meteor strike to escape within 60 minutes.
Green shores, great event locations

Meet Hannover’s ‘largest island’: Calenberger Neustadt. At the confluence of the rivers Ihme and Leine, students ‘chillax’ in hip beach clubs or on verdant embankments. A mere stone’s throw away from the historical city centre, the Calenberger Straße with its enticing shops, restaurants and snack bars is ideal for a relaxed stroll. A bedrock of Hannover’s cultural life is the WGC Theatre in the Kommandantur Straße. To the south, the Marksmen’s festival, the October festival and the Spring festival, as well as great sports and event locations, such as the HDI Arena, Swiss Life Hall and the Gilde Parkbühne (park stage) guarantee great fun and excitement.

Waterloo beer garden

Waterloostraße 1
www.waterloo-biergarten.de

The city’s most traditional beer garden; during live transmissions of football games, patrons enjoy a real stadium atmosphere under wonderfully shady trees.

Curry Culum

Rückertstraße 17 | www.curryculum.de

Whether conventional or exotic, this place serves burgers to please every palate! This trendy gourmet bistro puts only high-quality meats ranging from bison to Charolais between the buns.

BocaChica

Oeltzenstraße 12
www.restaurant-bocachica.de

The BocaChica is famous for its Caribbean and Dominican dishes and treats, as well as for its spirited salsa, merengue and bachata evenings.

Cafe Glocksee

Glockseestraße 35 (Hinterhof)
www.cafe-glocksee.de

This trendy club has built its reputation with spectacular live concerts and over-the-top parties: the perfect location for legendary club nights.

Strandleben

Weddigenufer 29 | www.facebook.com/strandlebenhannover

This beach club on the banks of the rivers Ihme and Leine offers comfortable deck chairs for those who want to spend a relaxed day on the sand. The beach bar serves up cold drinks and tasty snacks for sun-worshippers, who can even hire standup paddle boards, with beginner courses also on offer.
**LINDEN**

**No, it’s not a district of Hannover...**

... on the contrary, Hannover is an appendage of Linden, as everybody in Linden will tell you. To the right and left of Limmerstrasse and all around the market square there is an abundance of vibrant, energetic life. The streets are teeming with students, academics, eccentrics and people who regard life as an art form. Pubs, cafés, kiosks and restaurants are to be found on every corner, with Béi Chéz Heinz, Café Glocksee and the Kulturzentrum Faust marking out the party boundaries. Linden is a real insider’s tip for shoppers: there are lots of little boutiques and shops offering the kind of trendy styles and accessories that can only be found in such a hip district.

**Lindener Berg**

Linden’s “mountain” may rise a mere 35 metres above the “Linden baseline”; but as everybody knows, size is not everything, and it’s well worth climbing up to the top, where you can relax in the beer garden, stroll through the old cemetery or the allotments, and enjoy the breathtaking view from the Observatory or a concert in the legendary Jazz Club.

**LaserTag**

Davenstedter Str. 123
www.lasertag-hannover.de

Hannover’s first LaserTag Arena invites you to join in this popular strategic game, on your own or as part of a team. Equipped with the latest high-end Laserforce system for innovative features and an exciting game experience.

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**El Rincon Cubano**

Limmerstraße 80
www.elrinconcubanohan.info

This café has that genuine Cuban feel to it, as well as typical drinks, food and live music from the Caribbean nation. Customers can even bring their own instrument.

**Café K**

Egestorffstraße 18 l www.cafek.de

The K stands for Konditormeister – the master confectioner who is responsible for all the goodies, in particular the chocolates served with your coffee or the sensational cheesecake.

**... und der böse Wolf**

Heesestraße 1
www.undderboesewolf.de

A noisy, smoky, hard rock venue where the motto is “live and let live”. Pool, Hannover 96 and probably the best Thai food anywhere in Hannover.

**Rias Baixas**

Deisterstraße 77 & Plaza de Rosalia 2
www.spanische-restaurants.com

An incredibly wide range of delicious tapas; this is the Spanish restaurant you can get addicted to. Very personal, authentic and with very quick service.

**Street Kitchen**

Limmerstraße 26
www.streetkitchen-viet-cuisine.de

In the lively Limmerstrasse, the trendy Streetkitchen focuses on the most original form of Vietnamese food culture: street food. Diverse, prepared in the traditional way, without glutamate or artificial aromas.
Kulturzentrum Faust
Zur Bettfedernfabrik 3 l www.kulturzentrum-faust.de
Live concerts, parties, readings and exhibitions take place at various locations on a single site. The “Faust” offers thrills of a different kind every day. In summer, “Gretchen” beer garden is a great attraction; the pizza is sensational.

Béi Chéz Heinz
Liepmannstraße 7b l www.beichezheinz.de
This legendary hangout in the basement under the swimming baths is a must in Linden’s nightlife: wild parties, live music and moderate prices.

LUX
Schwarzer Bär 2 l www.lux-linden.de
Lux stands for luxury – particularly for your ears, with electro and indie pop on Fridays, for instance, followed by funk, soul and hip-hop on Saturdays, and all miles away from mainstream. Live bands round off the bill.

Centrum
Lindener Marktplatz 3 l www.facebook.com/Centrum.Hannover.Linden
For party-goers, this is the alternative and slightly off-the-wall living-room in the centre of Linden. Thursday nights are special – come and see for yourself.

GiG
Lindener Marktplatz 1 l www.gig-linden.de
The tasty and inexpensive dishes made on the premises are the perfect match for the countless brands of draught and bottled beer that are on the bill at GiG.

Apollo Kino
Limmerstraße 50 l www.apollokino.de
One of the first arthouse cinemas in Germany, featuring a varied bill of new films and classics.

“Frühling bitte” atelier
Deisterstr. 36–38 l www.fruehlingbitte.de
“Frühling bitte” (“Springtime please”) will get you through the year well behatted. In addition to children’s beanies, the store produces a range of chic and charming garments.

Frau Zimmer Textilgalerie
Davenstedter Straße 3
www.frauzimmer.de
Individual fashions and accessories by designers Beata Foit and Marion Krüger: meticulously executed original designs, all made right here in Hannover.

Riva Wohnaccessoires & Schmuck
Limmerstraße 23 l www.rivashop.de
Unusual and beautiful objects in this overflowing treasure chest in Linden. A veritable goldmine for gifts.
The district for individualists

The 16,000 or more inhabitants of Nordstadt, the area of Hannover to the north of the city centre, are a colourful mixture of students, young families, old inhabitants who have meanwhile become local institutions, and numerous eccentrics. Life is relaxed, tolerant and peaceful. People meet in the cafés on Engelbosteler Damm or around Luther Church to chat about this and that or simply enjoy a picnic in Welfengarten Park.

In the evening you can go to one of the many “in” pubs. Even a shopping expedition can turn out to be a thrilling activity in Nordstadt, since the shops are as individual as the people: cool, trendy, off-beat, simply different.

24grad
Engelbosteler Damm 52 | www.24grad.net
The ideal meeting place for the first coffee of the morning, a snack in the afternoon or a break from shopping. All the coffees are fair trade and roasted on the premises.

Locorito
Nelkenstraße 1
Their motto is “Slow Cook for Fast Food”! The tortilla bar on E-Damm is home to original Mexican burritos with gently cooked meat, beans, rice and salsa, all of which can be combined according to taste.

S-Bar
An der Lutherkirche 13
www.s-bar-hannover.de
Reminiscent of the 1970s, with a friendly family atmosphere. Its fresh Mediterranean cuisine and burgers make S-Bar one of Nordstadt’s best kept secrets.

Leibniz University and George Garden
In summer, this is the most popular meeting place in Nordstadt. On balmy summer nights, the relaxed atmosphere of George Garden attracts not only students, but also young families.

Fahrradcafé
Asternstr. 2 | www.fahrradcafe.de
It’s not as if everything revolved around wheels and handlebars at the “Bicycle Café”: there is a fantastic choice of coffee, tea, biscuits, cakes and soft drinks – free WiFi included.

Locorito
Nelkenstraße 1
Their motto is “Slow Cook for Fast Food”! The tortilla bar on E-Damm is home to original Mexican burritos with gently cooked meat, beans, rice and salsa, all of which can be combined according to taste.

Yoga-Hof Hannover
Vordere Schönengrund 17a,
30167 Hannover | www.yoga-hof.de
Looking to balance your mind, body and soul? Then the Yoga-Hof is the place to go. The spiritual oasis in the heart of the Nordstadt offers courses for all ages in everything from Hatha to iyengar yoga.
**Musikzentrum**
Emil-Meyer-Straße 26  
www.musikzentrum-hannover.de
Its concert hall, recording studio, band practice rooms and offices for organisations including the “German Rock Music Foundation” make Musikzentrum a powerful attraction for musicians. The excellent concert programme is a highlight of this suburb.

**UJZ Kornstraße**
Kornstraße 28–30 | www.ujz-korn.de
Concert venue, pub, soup kitchen, a place for discussions and readings! One of the oldest autonomous youth centres in Germany and still as lively and boisterous as ever.

**Klein Kröpcke**
Callinstraße 2 | www.klein-kroepcke.de
If you are about to set out on a night of partying, Klein Kröpcke is the best place to start. Based on the principle that “Tradition beats any trend”, you are sure to find your favourite drink and snack.

**Jäger & Sammler**
Engelbosteler Damm 25  
www.facebook.com/jaegersammler
This exclusive fashion boutique lives up to its name of “Hunter-Gatherer”, with rich pickings for members of both sexes who are looking for innovative style.

**Schön Schön**
Engelbosteler Damm 32  
A terrific little shop with home accessories, pretty jewellery and great Danish fashions. The perfect place to find a gift with a difference.

**Schwule Sau**
Schaufelder Straße 30a  
www.schwulesauhannover.de
The “Gay Sow”, a small but top-ranking venue run by volunteers, is a meeting place for party guests, who want to swing their hips to indie, rock, pop and electro.

**Kaiser**
Schaufelder Str. 27  
www.gaststaette-kaiser.de
This cosy traditional style bistro is as old as the city’s leading football club. This is where people come to enjoy good German cuisine, such as curried sausage, beef olives or kidney stew.

**Vallintage**
Engelbosteler Damm 49, 30167 Hannover | www.facebook.com/Vallintage
Vallintage deals in edgy fashion, from selected presorted pieces to elegant attire, from vintage track suits to jumpers. With its integrated styling studio, this second-hand vintage shop can be a source of retro inspiration.
**HERRENHAUSEN**

**Park life and student buzz**

It’s one of Hannover’s greenest areas: Herrenhausen. Whether enjoying the nature, visiting cultural events or finding inspiration in Niki de Saint Phalle’s Grotto, time flies by at the Great Garden. Herrenhausen is quiet and tranquil. Families, young people and students appreciate the pleasant, laid-back atmosphere. The Leineauve meadows are just a few minutes away from An der Graftby bike - unspoiled nature in the heart of Hannover. The area around Herrenhäuser Markt features quaint pubs, restaurants and specialist shops - perfect for meeting up with friends going for a few drinks or a spot of shopping.

**Sultan Palace**
Schaumburgstraße 3
www.sultanpalace.de
Dine like a sultan: Germany’s first Ottoman-style restaurant mesmerises guests like in the tales of 1001 Nights in stylish surroundings.

**Ristorante Castello**
Alte Herrenhäuser Straße 24
www.castello-hannover.de
Castello im Herzog Ferdinand serves quality Italian cuisine in a historical building with a summer beer garden. The concept is based on freshly sourced ingredients from specially selected suppliers.

**SEA LIFE Hannover**
Herrenhäuser Straße 4A
www.visitsealife.com/hannover
There are more than 2,500 animals in over 40 pools and tanks to be found in the aquarium located in the Hill Garden, including sharks and sea turtles in ocean pools.

**Herrenhäuser Brewery**
Herrenhäuser Straße 83–99
www.herrenhaeuser.de
With a visit to this local company founded in 1868, “Herri fans” can learn about the history and production process of the traditional brewery.

**LieblingsBar**
Herrenhäuser Markt 5
www.lieblingsbar.de
Located at Herrenhäuser Markt, LieblingsBar serves local culinary favourites, artfully prepared using fresh regional ingredients.

**International Fireworks Competition**
Großer Garten, Herrenhäuser Straße 4
www.hannover.de/feuerwerk
The International Fireworks Competition takes place on five summer evenings between May and September. A highlight for all - with an exciting accompanying programme of live music, cabaret, dance and theatre!
The Eilenriede forest and the zoo – Oases for sport and nature lovers

The area is home to Hannover Adventure Zoo with over 2000 animals in semi-natural settings. For keen joggers, it’s not far to the Eilenriede – Europe’s biggest city forest! Climbers can prove themselves in Hannover’s high-rope course (“Seilgarten”). Among the lush green of the Eilenriede is the Lister Turm recreation centre with its extensive beer garden. Music lovers can get their fill at the Hannover University of Music, Drama and Media (HMTMH), whether it’s jazz, guest performances or chamber music festivals. And at the Stadtpark (city park), the Hannover Congress Centre hosts various party nights and music concerts.

Hannover Adventure Zoo
Adenauerallee 3 | www.zoo-hannover.de
From Africa across the Indian subcontinent to Alaska and back again? No problem at all at Hannover Adventure Zoo. A unique animal experience.

Stadtpark Hannover
Theodor-Heuss-Platz 1
The city park in the zoo district offers pure relaxation and perfect garden design. A place to stroll and discover things such as the large Japanese tea garden with the Hiroshima tea house. Stop in for a break at the Rosencafé.

Tiffany’s Bar-Café-Lounge
Schiffgraben 48
www.tiffanys-hannover.de
Pasta & pizza in a nostalgic atmosphere, a cool cocktail lounge and a sunny beer garden – that’s the dolce vita.

Zurück zum Glück
Hindenburgstraße 7
www.zurueckzumglueckhannover.com
The certified organic daytime bar serves (almost) only organic, seasonal products produced in the region. Clientele: any & all who like to enjoy responsibly.

Ohlala
Königstraße 30 | www.ohlalaswelt.de
Here froyos are served till the cows come home. The ice cold yoghurt can be jazzed up with countless toppings. Even the top-quality organic fresh juices will make you say “Oh-la-la”.

Stilglück
Seelhorststraße 45
www.facebook.com/Stilglueckimzooviertel
Stilglück provides stylish fashion to make you happy. Whether you’re looking for trendy parkas, great jeans or branded jumpers, you’ll find it here!

Wok & Roll
Königstraße 24
Open kitchen with panoramic glass walls and a stylish atmosphere: the joy is in the authentic Vietnamese delicacies whipped up here, with some 50 dishes and a range of fancy drinks. Exotic!
**List**

**Charming and family-friendly**

Lister Meile and Podbielkistrasse are the two main arteries of the List district. Families appreciate the quiet, middle-class atmosphere and the numerous shopping opportunities that are to be found even in the side streets. This is where people meet for a glass of good wine, to go to the theatre (Theater in der List e.V.), attend a reading or a concert at the Pavillon.

Shopping is the main topic in the List district: whether Lister Meile or around Wedekindplatz, everywhere you go you will see people with overflowing shopping bags. Shopping can be very tiring, so people in this part of the city have to keep themselves fit and many going jogging in Eilenriede Forest in the early morning.

**Eilenriede**

Europe’s biggest urban forest is right in the heart of Hannover. Whether you prefer jogging, inline skating or walking, you will find plenty of room to do so in the 1,600 acres of Eilenriede. And if you’re lucky, you may even see deer, foxes or bats.

**Kulturzentrum Pavillon**

Lister Meile 4 | www.pavillon-hannover.de
Music, cabaret, comedy, drama and literature as well as a range of political topics guarantee a mix of good entertainment and objective information.

**Plümecke**

Voßstraße 39

Plümecke may go back a long way, but it is one of the hippest pubs in List. Regulars from all over Hannover, swear by the legendary curried sausage and the very special sauce that comes with it.

**Café Lulu**

In der Steinriede 12 | www.cafe-lulu.com

The trendy, original Café Lulu and its bar on Wedekindplatz is a popular meeting point: a go-to place for breakfast, international specialities and a great variety of cocktails in a relaxed atmosphere.

**Tom Maas**

Jakobistr. 2 | www.tommaas.de

Whether small and black, extremely sweet or large and creamy – the coffee served here is always excellent. Soft drinks are also available, as is sweet and savoury home baking.

**Jo’s Food & Craft**

Ferdinand-Wallbrecht-Straße 60 | www.jos-food-craft.de

In a charmingly extravagant, industrial-style interior, patrons enjoy masterfully composed salads, antipasti, local craft beers and exclusive wines.
Auszeit
Friesenstraße 15 | www.auszeit-hannover.de
Its proximity to Raschplatz makes this bar and lounge the perfect place to get into the mood for a night of clubbing. The turntables serve up a mix of the finest of house, funk and electro.

La Rock
Voßstraße 51 | www.la-rock.com
La Rock: gastronomy with conviction! An individual, authentic restaurant with real culinary craft, seasonal regional ingredients, a feel-good atmosphere and a deep love for small details.

Pepe’s
Friesenstraße 52
www.pepes-cocktailbar.com
A Mexican cocktail bar with a legendary selection of well over 100 different cocktails.

Zaza Cocktails & Party
Hamburger Allee 4a | www.zaza-club.de
Almost everyone who lives in Hannover has been to a party at this cult club behind Raschplatz at some time. House, chart hits and classic party songs are played into the small hours.

Treibhaus
Ferdinand-Wallbrecht-Str. 14
www.treibhaus-hannover.de
Treibhaus in the List district has been a hip location for more than 30 years and attracts all kinds of guests. The inviting beer-garden is a highlight in summer.

the danish girl
Goebenstraße 42, 30161 Hannover
www.facebook.com/thedanishgirlfurniture
Stylish lamps, second-hand sofas, comfy cushions: this homely boutique in List offers a range of vintage furniture and original accessories.

Dithmar’s – the store with a difference
In der Steinriede 7, (back yard)
Hunter-gatherers can find everything here: clothes, shoes, tableware, electrics, furniture, clocks & watches and much more besides.

Suse Schneeweiß
Drostestr. 1 | www.suseschneeweiss.de
Extravagant, feminine, elegant: at her studio-cum-showroom, the designer produces timeless fashions from the finest materials with wholehearted passion – and made-to-measure garments at that. She also offers matching hats, handbags and jewellery.
SÜDSTADT

A bit of Eilenriede and a lot of lake...

... those are the things that make Südstadt, the area of Hannover to the south of the city centre, such a great place to live. Eilenriede city forest and Maschsee Lake are wonderful recreational areas, yet it only takes five minutes to reach the city centre via Marienstrasse or Hildesheimer Strasse.

It is rumoured that single people in particular prefer this part of the city, perhaps because jogging round Maschsee Lake provides such marvellous opportunities for flirting... More and more students have settled in Südstadt in recent times, even though it is a comparatively quiet part of the city. And what else is there to say about it? Eisfabrik (“Ice Factory”) offers drama, art and culture, and Hannover’s biggest farmers’ market takes place on Stephansplatz every Friday.

Maschsee Lake

190 acres of recreational area! Relaxation, walks, restaurants, jogging, parties – Maschsee Lake is like going on holiday right next door. On sunny days it is a mecca for fans of water sports.

Knabberzeit

Sallstraße 56, 30171 Hannover
www.knabberzeit.com

Looking for a marine massage? Then head to the new fish spa in the Südstadt. Sit back and relax with a coffee – the Doctor Fish will take care of you with pedicures and manicures.

PorzellanCafé

Dieckmannstr. 1
www.porzellancafe.de

You can come here with your children or your best friend and create little works of art to take home with you while you enjoy a chat over coffee and cake.

Esplanade

Geibelstraße 39/41
www.esplanade-hannover.de

Jewellery, handbags, fashion, furniture, cushions and throws, tableware, postcards, stationery, wines and a deli counter – and that’s by no means all.

Eisfabrik

Seilerstraße 15 F
www.commedia-futura.de

Artists’ studios, exhibitions, theatre: Eisfabrik is THE music and art venue. The independent theatre Commedia Futura is a real draw for audiences.

Spandau Süd

Lutherstraße 38 | www.spandauprojekt.de

Spandau Süd is a welcome newcomer to the Südstadt district: good cuisine in a casual atmosphere and stylish interior design. Varied selection of food and drinks at lunchtime and in the evenings.

Café Gleichklang

Marienstr. 38 | www.cafe-gleichklang.de

This organic vegan café and restaurant wins people over with its substantial vegan breakfast and tasty vegan Thai cuisine, as well as home-made cakes and gateaux.
**Cafe Glüxkind**
Marienstraße 47 | www.cafe-gluexkind.de
If you’re looking for somewhere to have a drink or a bite to eat in a cozy atmosphere in the evening, then you should try Glüxkind. This is just the place to end the day with a beer, a glass of wine or a delicious cocktail.

**Schönwalds LaSall**
Sallstr. 79 | www.schoenwalds-hannover.de
This café bistro in the heart of Südstadt offers a delicious breakfast, healthy and tasty salads, various kinds of flamm-ku-chen and, of course, coffee and cakes.

**König „Kunst & Weinbar“**
Simrockstraße 9
This wine bar not only sells art in bottles, created primarily by young winemakers, but also in the form of large-scale paintings on the walls. The menu is also de-licious.

**Högers 1910**
Oesterleystraße 6–7
www.hoegers-1910.de
Guests can enjoy fresh regional cuisine, traditional German dishes, home-made cakes and excellent coffee in tasteful surroundings.

**Goldfisch**
Sallstraße 48
www.goldfisch-hannover.de
Comfortable retro-look seating, subdued lighting and a distinctly original style of decoration all contribute towards an out-of-the-ordinary atmosphere.

**Bar Seña**
Albert-Niemann-Str. 11
www.bar-sena.com
For cocktails and long drinks the Bar Seña is the Südstadt hotspot, where the bartenders conjure up delicious mixed drinks in no time at all.

**Das Abendmahl**
Hildesheimer Str. 37
www.abendmahl-hannover.de
“The Last Supper” features art by Leo-nardo und Michelangelo on the walls, but above all art on your plate – superior Italian cuisine, commended by all!

**Högers 1910**
Oesterleystraße 6–7
www.hoegers-1910.de
Guests can enjoy fresh regional cuisine, traditional German dishes, home-made cakes and excellent coffee in tasteful surroundings.

**Mimi’s Thaikitchen**
Hildesheimer Straße 92 | www.mimis-thaikitchen.de
Mimi’s Thaikitchen offers a small but fine culinary range of Thailand’s most popular dishes. All meals are prepared fresh and free from artificial flavourings.
**Hannover – a work of art**

Whether drama or opera, musical, live concert or stunning exhibition – finding a first-class event in Hannover is never a problem. After all, the city offers one of the greatest varieties anywhere in Germany. With its opera house, theatres and internationally acclaimed museums, Hannover offers an unbeatable art experience all year round.

**Hannover State Opera House**
Opernplatz 1
www.staatstheater-hannover.de
The opera house and state orchestra deliver superlative performances from baroque to contemporary works.

**Schauspiel Hannover**
Prinzenstr. 9
www.schauspielhannover.de
The highly reputed cast not only stages classical drama, but frequently causes a sensation with its productions of modern works.

**GOP Variété-Theater**
Georgstr. 36 | www.variete.de
GOP Variety Theatre presents shows that have given a totally new slant on the concept of variety theatre. The international artistes invariably have audiences gasping in wonder.

**Sprengel Museum Hannover**
Kurt-Schwitters-Platz
www.sprengel-museum.de
The Sprengel Museum is one of the world’s most celebrated galleries for the art of the 20th and 21st centuries.

**Museum Wilhelm Busch**
Georgengarten 1
www.karikatur-museum.de
The German Museum of Caricature and Critical Graphic Art is a mecca for all satire fans and offers constantly changing exhibitions.

**Kestner Gesellschaft**
Goseriede 11
www.kestnergesellschaft.de
One of the biggest German art associations, where contemporary artists of international renown exhibit their latest works.

**Kunstverein Hannover**
Sophienstr. 2 | www.kunstverein-hannover.de
For 180 years, Kunstverein has been the focus of contemporary art in Hannover: in addition to impressive exhibitions, it also organises fascinating podium discussions with artists, lunchtime events and “Talking Labels”, a guided tour with a difference.
Any time is party time

It’s almost impossible to count the opportunities Hannover offers for exuberant celebrations. Festivities great and small, open-air events, live music, unusual kinds of celebrations — the calendar of events is bursting at the seams. The mega events in summer, such as the Marksmen’s Fair or Lake Maschsee Festival, never fail to put the whole city in party mood. Hannover provides partygoers with just what they are looking for: whether a large-scale event in the city centre or in one of the lively suburbs. Lots of people block the dates in their diary for these events year after year as something not to be missed.

Fête de la Musique
www.hannover.de/fetedelamusique
Many cities throughout the world welcome the summer season with live music. Hannover transforms its city centre into one huge stage, with music at 40 venues.

Heading for the sun
www.dersonneentgegen.de
Twice a year, the HCC stages one of the largest indoor festivals in northern Germany. On two floors, more than 4,000 visitors can enjoy an innovative spectrum of the latest club music, from house, techno, and hip-hop to trap & future beats.

Marksmen’s Fair
www.hannover.de/schuetzenfest
The biggest Marksmen’s Fair in the world is the annual focus of attention for ten whole days, and not only for marksmen! Parties, live music, fairground rides – and “Lüttje Lage”.

Sehfest
www.seh-fest.de
The open-air cinema in Gilde Park shows films throughout July and August. Enjoy the latest blockbusters in a fantastic outdoor atmosphere.

Fährmannsfest
www.faehrmannsfest.de
The “Ferryman’s Festival” is the biggest open-air music festival in Hannover and offers live music as well as diverse cultural events and a programme for kids. Perky, peaceful, laid-back and loud.

Maschsee Lake Festival
www.hannover.de/maschseefest
This maritime summer festival is one of the biggest events in Northern Germany and features concert highlights, sporting events on the water, open-air dance evenings, comedy & cabaret and a host of culinary treats.
Up till the crack of dawn

In Hannover, it’s easy to dance the night away. Whether you prefer clubs, discos or glittering temples of dance; pubs, culture or special events – there’s a home for every enjoyment and every musical taste. Dance, celebrate, enjoy yourself – the possibilities are endless!

NIGHTLIFE

**200ponies**
Goseriede 4 | www.200ponies.de
Hannover’s two-storey top hip-hop venue, where the DJs play not only old and new hip-hop classics, but also venture into R&B, for example, to cater for other tastes.

**LUDWIG**
Rundestraße 6 | www.diskothek-ludwig.de
Here you’ll find the best hits from the 80s and 90s as well as Schlager, house, pop and more, with weekly specials, a changing event programme and quirky theme parties.

**o sho disco**
Raschplatz 7 L | www.osho-disco.de
A true institution in Hannover, where many generations have partied the night away. From dance classics, charts and house to funk & soul, anyone and everyone can groove to the music here.

**FUNPARK HANNOVER**
Expo Plaza 9 | www.funpark-hannover.de
With breathtaking sound, laser shows and entertainment plus a 2,300 m² dance floor, Funpark is an established giant on the Hannover club scene.

**Palo Palo**
Raschplatz 8 A | www.palopalo.de
Cult? Perhaps. Legendary? Definitely! For decades, Palo Palo in Raschplatz has been THE hotspot for party lovers. DJ Ferry delivers a mind-blowing mix of house, R&B and hip-hop.

**WEIDENDAMM**
Weidendamm 8 | www.weidendamm.com
This venue on the premises of a former factory still focuses on honest manual skills: well-known DJs get everyone up on the dancefloor with a mix of dubstep, electro, deep house and techno.

**Monkey’s**
Raschplatz 11 G | www.monkeys-club.de
Small but smart and certainly no monkey business going on here. When it comes to music, the turntables at Monkey’s don’t opt for the commercial choice, but play deep house on Fridays, funk and soul on Saturdays.
**GUIDED WALKS & TOURS**

**Designed for explorers**
Hannover has many different faces, lots of stories to tell and a number of secrets. Guided tours are one of the best ways to explore all the different aspects of the state capital of Lower Saxony and discover something new every time.

For example, why not try a culinary tour through Hannover’s huge food market, a thrilling crime tour for private detectives or a trip on the Conference Bike? All guaranteed to get your imagination going.

For further information contact: Team Städtereisen Tel.: + 49 (0) 511 / 12345-333 www.hannover.de/en/citytours

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**The Red Thread**
A red line, 4,200 metres long, will lead you through Hannover to a wealth of architectural, historical and entertaining sights. Follow the Red Thread and see Hannover from different angles. The accompanying brochure is available from Tourist Information.

**Bus tour of the city**
www.hannover.de/en/citytours
Herrenhausen Gardens, the New Town Hall and the charming Old Town are just a few of the highlights of the “hop-on, hop-off” bus tour of the city, which is not to be missed.

**Segway**
Lean back and relax as you travel around town at 20 km/h. Follow the Red Thread, or explore the Old Town with one of the city’s traditional stewards as your guide and learn fascinating things about Hannover without the slog.

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**Hannover Titbits**
This culinary tour between the food market and New Town Hall is served with fascinating tales and spiced with tasty delicacies prepared by various eateries along the way. Hannover – the city that melts in your mouth!

**Through the neighbourhoods of Hannover**
Those looking to get to know Hannover beyond the classic tourist attractions should take a tour to one of the various neighbourhoods of the city! Witness the bustling life in Linden, the laid-back Nordstadt area or the sophisticated, relaxed neighbourhood of List.

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**Conference Bike**
This is a real group experience, because no matter how fit each person is, the joint effort is what counts in the end. The special feeling comes from peddling forwards but moving sideways or backwards.
**TIPS FOR TRIPS**

**Hannover Region…**

…which, by the way, also includes the City of Hannover itself, offers a large number of exciting destinations for excursions. Sport, culture, experience, adventure – the great variety of opportunities for weekend trips attracts many families as well. “Recreation close at hand” is more than just a slogan. For further information visit www.hannover.de/en/hannoverregion

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**Wisentgehege wildlife park in Springe**

Wisentgehege 2, 31832 Springe
www.wisentgehege-springe.de

Wolves, bears, lynxes, wild horses – over 100 animal species can be seen in their natural surroundings.

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**Altwarmbüchener See (Lake Altwarmbüchen)**

Altwarmbüchener See 1, 30916 Isernhagen | www.isernhagen.de

The lake of roughly 45 hectares has sandy beaches, playing and bathing areas and a sailing school with boat hire.

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**Kite surfing on Lake Steinhude**

steinhudermeer.surfers-p.de

North-west Germany’s biggest lake with Wilhelmstein island fortress and Steinhude bathing island as well as a beautiful sandy beach. On top of this, it’s also the first choice for water sports in the region. Swimming, sailing, surfing, rowing, paddling, pedalos and, of course, kiting.

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**Visitor mine**

Hinterkampstraße 6, 30890 Barsinghausen | www.klosterstollen.de

In the former Klosterstollen mine, visitors can embark on a thrilling journey at a depth of 1,470 metres on the trail of the mountain farmers.

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**Paintball Parcs**


Some areas are fitted with black light. Large indoor and outdoor site with great hiding places and a chill-out area with swimming pool and barbecue facilities.

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**The Deister Hills**

Only about 30 km to the south-west of Hannover there is a green paradise waiting to be discovered: the Deister hills. Mountain bikers relish these legal freeride trails, demanding downhill routes and a cool BMX track.

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**High-rope courses**

www.piraterock.de

At PirateRock in Isernhagen, a pirate ship awaits capture. At “time to team” in Springe, the course rises to 21 metres in height. And at Steinhuder Meer (Lake Steinhude), the SeaTree is the ultimate in high-rope fun.
**Marienburg Castle**

Marienberg 1, 30982 Pattensen | www.schloss-marienburg.de

Approximately 20 kilometres south of the state capital, Marienburg Castle sits on a hilltop close to the town of Pattensen. Visitor tours provide interesting insights behind the scenes. Music, theatre and cabaret events are all on the castle calendar.

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**Hemmingen Beach**

Hohe Bünte 10, 30966 Hemmingen | www.strandbad-hemmingen.de

With the chance to enjoy a cool drink in the lake garden or sunbathe on the grass after a swim, the tropical feeling sets in swiftly in the summer.

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**Kart-o-Mania Laatzen**

Magdeburger Straße 9, 30880 Laatzen | www.kartomania-laatzen.de

An adrenaline-filled motor sports experience with a 450m track, long full-speed sections and tight bends, plus a restaurant for great group events.

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**aquaLaatzium**

Hildesheimer Straße 118, 30880 Laatzen | www.aqualaatzium.de

A versatile mixture of a leisure pool, wellness facilities and spa, aquaLaatzium is the perfect place to relax, swim and bask in the sauna.

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**RennCenter Hannover slot car racing**

Hildesheimer Straße 54 a/b, 30880 Laatzen | www.renncenterhannover.de

Huge races on individual tracks: Instead of playing in your living room, come and race at RennCenter Hannover!

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**Kristall-Therme Seelze wellness centre**

Grand-Couronne-Allee 1, 30926 Seelze | www.kristalltherme-seelze.de

Indoor and outdoor pools, various saunas as well as whirlpools make Kristall-Therme a hugely popular place to relax.

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**Fuchsbau Festival**

Ziegeleistraße 41, 31275 Lehrte/Immensen | www.fuchsbau-festival.de

Off to Fuchsbau! The electronic, indie, hip hop and pop festival is always open to contemporary formats, issues and adventures as well as the latest art and music. The programme with a twist!
Langenhagen is different. On the one hand it’s endearing and rural, with idyllic fields of horses, forests and small places where everyone knows each other. On the other, it offers all the advantages of a town, such as cool lounges and bars, a cinema and a huge shopping centre. There’s always something going on. Especially popular are the jazz matinees in summer or the “Mimuse”, the biggest cabaret festival in North Germany. Even when it comes to sport, parties and action, nobody is left disappointed - the services and events offered by Langenhagen ice rink, Neue Bult horse-racecourse and LaserSports are very popular among young people. The Silbersee and Waldsee Krähenwinkel lakes guarantee unbridled bathing fun.

**Sport & Action in the city, chilling at lakes**

**World of Aviation**
Hannover Airport Plaza, departure level
www.weltderluftfahrt.de
The exciting exhibition tells stories from the fascinating history of flight. You can even pilot an Airbus A320 – via a flight simulator!

**Lake Silbersee**
Bothfelder Straße 60, Langenhagen
Lake Silbersee is among the most beautiful recreation areas. Excellent water quality, long, sandy beaches, bathing areas and a designated dog beach. What else could you want?

**City Center Langenhagen shopping centre**
Marktplatz 5–7, Langenhagen
www.ccl-langenhagen.de
Around 120 shops with fashion, gifts, electronics, etc. and great gastronomy. CCL is a real magnet for shoppers.

**Neue Bult Racecourse**
Theodor-Heuss-Str. 41, Langenhagen
www.neuebult.de
If you want to experience gripping horse-racing action up-close, go with your friends to Neue Bult.

**mellzz Bar & Lounge Langenhagen**
Am Pferdemarkt 9C, Langenhagen
www.mellzz.de
Whether you want to chill, party or just meet with friends, this is the perfect location for live music and dancing.

**LaserSports**
Buschkamp 86/86a, Langenhagen | www.lasersports.de
Vests on, phasers in position ... Fire! In the black and neon lit arena, the popular game of laser tag is the ultimate in fun and action.
Urban feel and green oases

Garbsen has an interesting mixture to offer. The second biggest city in the Hannover region has an urban feel with modern shopping experiences as well as great locations to eat, drink or watch a film.

If you’re interested in art, dancing, theatre or music, head to the Kulturtage arts festival or the Kalle cultural centre. There are also plenty of attractive options in terms of sport, fun and action.

From the Leineaue wetland and Lake Blauer See to Garbsener Schweiz and the city park, Garbsen has many green oases which serve as perfect local recreation areas!

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Kulturverein Garbsen

www.kulturgarbsen.de

When it comes to theatre, music and cabaret, Kulturverein is the long-burning hub in Garbsen. For around 40 years, it has offered a colourful programme.

Gelatok Café

Havelser Straße 1, Garbsen

www.gelatok.com/

At the Italian ice cream parlour in the shopping plaza, you can indulge not just in ice cream but also bruschetta, specialty coffee and homemade waffles.

Bavaria Alm

Lise-Meitner-Straße 5, Garbsen

www.bavariaalm.de

In the rustic alpine atmosphere, Bavarian delicacies such as “Haxn” (pork knuckle), “Leberkäs” (meat loaf) and “Weißwurst” (veal sausage) are very delicious.

Shopping-Plaza

Havelser Straße 1, Garbsen

www.shopping-plaza.de

With everything under one roof, here shopping is fun. Over 40 retailers, service providers and eateries welcome you to shop, saunter and enjoy.

Lake Blauer See

Am Blauen See 119, Garbsen

www.camping-blauer-see.de

With clear water, sandy beaches, water slides, boat hire, a water-ski lift and a beer garden the lake provides thrills for families and water-sport lovers. The Adventure Mini-Golf course under old trees helps create that holiday feeling.

Lasergame XXL

Carl-Zeiss-Straße 30, Garbsen

www.lasergamexxl.de

The XXL hall offers fun and adrenalin under lights and in the dark. Recharge in the lounge, which has a family atmosphere.

Café Del Sol Garbsen

Lise-Meitner-Straße 3, Garbsen

www.cafedelsol.de

Here it is all about the feel-good atmosphere, which the cafe has in abundance in its spacious colonial-style villa. The menu is as colourful and varied as the people in Del Sol.
Anyone who wants to get to know a city from every perspective needs a guide who knows his way around. Hannover Marketing and Tourism offers comprehensive service regarding all aspects of a visit to Hannover and has many special offers available.

**Tourist Information Team**

All-round service is available at the Tourist Information office directly opposite the central railway station, or at the information counter in the New Town Hall, where you can get information on individual places of interest, as well as brochures, guided tours, event tickets and souvenirs.

**Tourist Information**
Ernst-August-Platz 8
D-30159 Hannover
Tel.: + 49 (0) 511 / 12345-111
info@hannover-tourismus.de

**Tourist Information in the New Town Hall**
Trammplatz 2
D-30159 Hannover
Tel.: + 49 (0) 511 / 168-45333

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Have no fear! Hannover is mostly flat. Exploring the city by bike is a great idea. You can easily sort a bike at one of the “Fahrradstationen” (bike stations) at the central station or in the city centre.

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**Accommodation**

There’s no shortage of hotels in Hannover, but there’s also plenty of private accommodation, with hostels and guesthouses providing affordable options.

- **HannoverCard**
  - www.hannover.de/en/hannovercard
  - Discover the main tourist attractions of the city and region at a reduced price with the HannoverCard, to be printed at home from the online shop, and travel for free on all Großraumverkehr Hannover buses, trams & trains.

- **Hausmarke**
  - www.hannover.de/hausmarke
  - Studying in Hannover? Then get your Hausmarke card now at Tourist Information at Ernst-August-Platz. Just present your student ID and enrolment certificate and the Hausmarke is yours! One card. Countless benefits.

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**Online shop**

[www.hannover.de/en/onlineshop](http://www.hannover.de/en/onlineshop)

Make the most of our convenient online shopping service any time you choose. Order souvenirs of Hannover or buy self-print tickets for the famous and popular Fireworks Competition in Herrenhausen Gardens. You can also purchase a HannoverCard, which not only entitles you to travel free on trams and buses in Hannover, but also includes attractive discounts with many partner companies.

You can also book one of our themed packages, a practical combination of accommodation, event, culture and more – all at surprisingly good prices. So what are you waiting for? Get clicking!

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Hannover Tourism on Facebook: top events in the fields of culture, art and music as well as exclusive tips at a glance – share all the tourist highlights with us.

VisitHannover at Instagram.